

St. Xavier's College, Mahuadanr Latehar-822119, Jharkhand

- 1. Title of the Program:** Soft Skill on Self-Assessment
- 2. Organizing Departments:** Physics
- 3. Date/Duration:** February 02, 2024
- 4. Number of participants:** 20
- 5. Objective:** The main objective of a soft skills self-assessment is to analyze an individual's interpersonal abilities and identify areas of strength as well as possibilities for improvement.

6. Detailed Description of the event:

On 2nd Feb. 2024, Soft Skill on Self-Assessment organized by the department of physics at ICT Room. The importance of the program is to increase recognized as essential in both personal and professional contexts. The program opened with an introduction lecture by HoD, Md Zafar Aqbal, highlighting Professional Growth, Adaptability, and Resilience. Soft skills, like adaptation and problem-solving, are essential for managing change and overcoming obstacles. Self-assessment helps individuals determine how well-equipped they are to deal with unexpected situations and adjust to new environments.


Resource Person Surbhi Sinha from the department of Commerce shared her insights that self evaluation is mandatory , self-assessment of soft skills is a crucial step in understanding one's interpersonal strengths and areas for development. It enables people to decide how they should grow in work and life, making them more successful across different contexts. Whilst the need for soft skills in today's workplace is strengthening, consistent self-assessment will drive forward progress and success.

There are 20 enthusiastic participants in the program from the department of physics and Mathematics. Each participant was given the freedom to ask questions.

- 7. Outcome:** The self-assessment of soft skills typically results in a clear understanding of one's interpersonal abilities. Individuals gain a better understanding of their behavior, emotional intelligence, and how they interact with others.

8. Brochure:


St. Xavier's College, Mahuadanr Latehar-822119, Jharkhand



St. Xavier's College, Mahuadanr Latehar
Organized by Department of Physics

Soft Skill on Self -Assessment

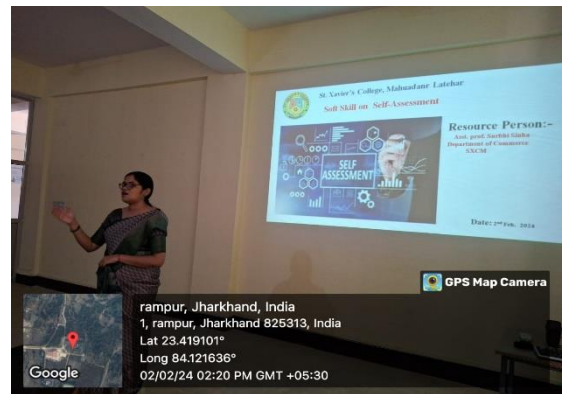
Date: 2nd Feb. 2024



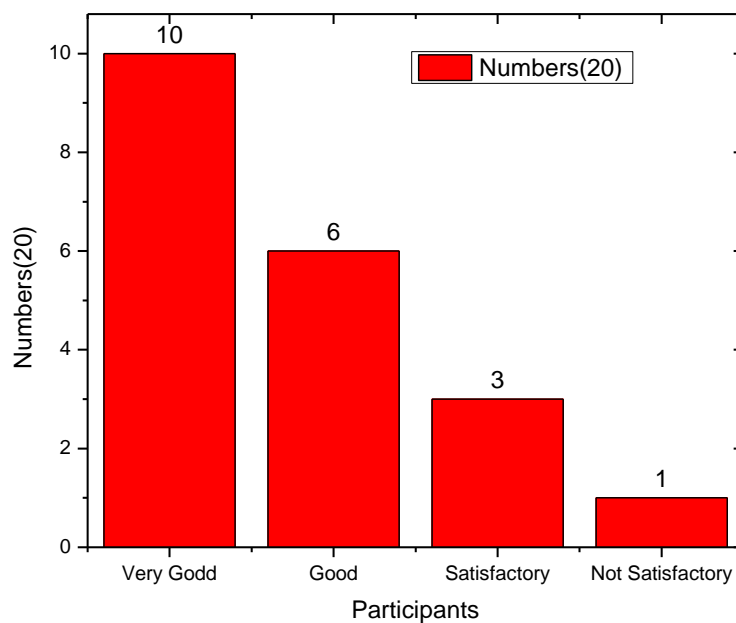
Patron
Dr. Fr. M.K Jose S.J
Principal
St. Xavier,s College Mahuadanr

Resource Person:-
Asst. prof. Surbhi Sinha
Department of Commerce
SXCM

9. Photos:



10. Feedback



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11. List of Participants:

Name of Program: Self-Assessment Department of Physics (List of Participants)	
Ribeka Lakra	Ribeka Lakra
Kunti Kumari	Kunti Kumari
Nisha Dipti Toppo	Nisha Dipti Toppo
Raj Ekka	Raj Ekka
Ashish Kumar	Ashish Kumar
Akhlesh Oraon	Akhlesh Oraon
Sameer Kujur	Sameer Kujur
Ranjan Kumar	Ranjan Kumar
Vikramjit Nagesia	Vikramjit Nagesia
Priyal Raj Soni	Priyal Raj Soni
Joshi Thithio	Joshi Thithio
Tekmani Ekka	Tekmani Ekka
Ruchi Kumari Soni	Ruchi Kumari Soni
Lalita Kumari	Lalita Kumari
Amrita Nagesia	Amrita Nagesia
Alma Nagesia	Alma Nagesia
Akancha Tigga	Akancha Tigga
Flabiya Ekka	Flabiya Ekka
Abhinta Khalkho	Abhinta Khalkho
Neel Gagon Toppo	Neel Gagon Toppo



Principal
St. Xavier's College
Mahuadanr